WAHACA'S ALLERGEN & DIETARY REQUIREMENTS GUIDE

HOW TO USE OUR ALLERGEN GUIDE

Our guide will let you know which of the 14 main allergens are in our dishes, as well as garlic and onion. Whilst an allergen may not be listed in the menu description, it may be present in the dish. A black dot (•) means that the specified allergen IS present, making it unsuitable if you are avoiding this allergen. In some instances, our chefs can prepare a dish in a way that removes the allergen – this is shown with a pink dot (•). Dishes suitable for vegetarians and vegans are marked with a tick (•) in the relevant column, and with a pink tick (•) when our chefs can make a change so they are suitable.

KEY

/ • = allergen present / allergen can be removed

•w/s/b/o = the gluten present in the dish Is wheat (w), spelt (s) barley (b) or oats (o)

 \bullet p/c/a = the tree nut present in the dish is pecan nuts (p), cashew nuts (c) or almonds (a)

✓ / ✓ = suitable for vegetarians, vegans or dish is deep-fried / can be made suitable or deep-fried ingredient removed

/ = Part of the dish has been fried in oil that may contain traces of Allergens not In the dish Itself/ The fried element of the dish can be removed.

NUTS/ALLERGENS We cook in an open kitchen environment and currently use nuts and other allergens throughout our menus. Although care is always taken, we cannot guarantee there is no cross contamination of products in any of our dishes. We do not have separated preparation areas for allergenic ingredients or separated fryers. In addition, our external suppliers cannot guarantee that supplied products have no traces of nuts or other allergens present. Please speak to a manager If you have any concerns. In this guide, •p indicates the tree nut present is pecan nuts; •c indicates cashew nuts; •a indicates almonds; •p/c/a indicates the dish can be modified to be free from tree nuts.

OIL & FRYERS (DEEP FRIED)

If you are concerned about cross-contamination, please see the grey column which marks deep-fried dishes with a tick (\checkmark). If the deep-fried element can be removed, it is marked with a pink tick (\checkmark).

Some dishes - whilst not containing an allergen or ingredient themselves - are cooked in our deep-fryers. Whilst our fryers are cleaned & filled with fresh oil regularly, they may have also been used to cook products containing other allergens, in which case these dishes are marked with a black asterisk (*) to denote that the dish could contain traces of the following allergens; **Gluten, Fish, Milk, Mustard, Soya, Sulphites, as well garlic and onion.** Dishes marked with a pink asterisk (*) can have the fried element of the dish removed.

GLUTEN

We have a separate gluten information menu available on request. In this guide, •w indicates the gluten present is in wheat; •s indicates spelt; •b indicates barley; •o indicates Oats; •w/s/b/o indicates the dish can be modified to be gluten free.

VEGETARIAN / VEGAN DIETS

We define dishes suitable for vegetarians as those which do not contain meat or fish as an ingredient & dishes suitable for vegans as those which do not contain animal products as an ingredient. Suitable dishes are marked with a tick (\checkmark) in the relevant column. If our chefs can make a change to make a dish suitable, it is marked with a pink tick (\checkmark). We have a separate vegan information menu available on request. Please see our note above regarding oil & fryers - if you are concerned about cross-contamination of this nature, please avoid dishes marked as deep-fried.

DAIRY

All of our dairy products are pasteurised, except for the cheese in the Potato Esquites. If you are avoiding unpasteurised dairy, please ask for this to be removed.

NUTRITIONAL INFORMATION

This can be found on our table menus and on our website for all food dishes and non-alcoholic drinks.

DRINKS

We have a separate allergy guide for our drinks menu, please ask your waiter if you require this. Oat milk is available in all of our restaurants as a dairy substitute, please ask if you would like to swap regular milk for this.

NIBBLES & SIDES				VE	GAN	MEI	VV		•			•							•		
1453 Guacamole	PLU	NIBBLES & SIDES	VEGETARIAN?	VEGAN?	DEEP FRIED?	GLUTEN	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES	GARLIC	ONION
See Guacamote with chilli flakes	6124	Smokey Sonoran Hummus	✓	✓															•	•	•
Sessign	1453	Guacamole	✓	✓																	•
Studen-free tortilla chips	5366	Guacamole with chilli flakes	✓	✓																•	•
Studen-free tortilla chips	5851	Homemade tortilla chips *	✓	✓	✓																
132			✓	✓	✓																
132	6103	Pico de gallo *	✓	✓	✓																•
Avocado & cos solad	132	Sweet potato side *	✓	✓	✓															•	•
According Acco			✓	✓	✓									•	●a		•		•	•	•
### SALADS, BOWLS & BIGGER PLATES **SOLADS, BOWLS & BIGGER PLATES** **SOLADS, BOWLS	6125		✓	✓																•	•
1249 Vegan plantain tace *	5712		✓	✓																•	•
1249 Vegan plantain taco *	6113		✓	✓											●a		•			•	
Second Plant Indication Table Second Plant Indication Second Pla		STREET FOOD																			
Vegan ancho mushroom tace	1249	Vegan plantain taco *	✓	✓	✓									•					•	•	•
Plant-based chicken & avacada	5739	Vegan ancho mushroom taco *	✓	✓	✓									•					•	•	•
ST40 Vegan Mushroom club quesadilla	5853	Plant-based chicken & avocado *	✓	✓	✓	●w												•		•	•
SALADS, BOWLS & BIGGER PLATES	5725		✓	✓		●W														•	•
SALADS, BOWLS & BIGGER PLATES SALADS, BOWLS & SALADS, BOWL	5740	Vegan Mushroom club quesadilla	✓	✓		●w														•	•
Chimichurri Cauliflower V V V • W • W • I I I I I I I I I I I I I I I	5569	Vegan Bean tostada *	✓	✓	✓															•	•
6112 Vegan mushroom burrito *		SALADS, BOWLS & BIGGER PLATES	VEGETARIAN?	VEGAN?	DEEP FRIED?	GLUTEN	CELERY	CRUSTACEANS	EGGS	FISH	NIdn7	MILK	SOSATTOW	MUSTARD	STUN	PEANUTS	SESAME	SOYA	SULPHITES	GARLIC	ONION
See	6105	Chimichurri Cauliflower	✓	✓											• a,c,p		•			•	•
See	6112	Vegan mushroom burrito *	✓	✓	✓	●W	•													•	•
A226 Vegan churros *			✓	✓	✓		•												•	•	•
6018 Jude's ice cream																					
6018 Jude's ice cream	4226	Vegan churros *	✓	✓	✓	●w												•			
Note	6018	Jude's ice cream	✓	✓														•			
9695 Veg rainbow bowl * ✓ ✓ ✓ ✓ • w • • • • • • • • • • • • • • • • • • •	5745	Vegan chocolate ice cream scoop	✓	✓																	
1091 Veg build your own taco * ✓ ✓ • <t< td=""><td>PLU</td><td>KIDS' MENU</td><td>VEGETARIAN?</td><td>VEGAN?</td><td>DEEP FRIED?</td><td>GLUTEN</td><td>CELERY</td><td>CRUSTACEANS</td><td>EGGS</td><td>FISH</td><td>LUPIN</td><td>MILK</td><td>MOLLUSCS</td><td>MUSTARD</td><td>NUTS</td><td>PEANUTS</td><td>SESAME</td><td>SOYA</td><td>SULPHITES</td><td>GARLIC</td><td>ONION</td></t<>	PLU	KIDS' MENU	VEGETARIAN?	VEGAN?	DEEP FRIED?	GLUTEN	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES	GARLIC	ONION
1091 Veg build your own taco * ✓ ✓ • <t< td=""><td>9695</td><td>Veg rainbow bowl *</td><td>✓</td><td>✓</td><td>✓</td><td></td><td>•</td><td></td><td></td><td></td><td></td><td>•</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td>•</td><td>•</td></t<>	9695	Veg rainbow bowl *	✓	✓	✓		•					•								•	•
99245 Chicken rainbow bowl * • </td <td>1091</td> <td></td> <td>✓</td> <td>✓</td> <td>✓</td> <td>•w</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>•</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>•</td> <td>•</td>	1091		✓	✓	✓	•w						•								•	•
91089 Chicken build your own taco * •	99245				✓		•					•								•	•
9577 Fish rainbow bowl * 1088 Fish build your own taco * Cheesy toasted quesadilla sandwiches with gooey melted cheese * ✓ • w • • • • • • • • • • • • • • • • •	91089				✓	•w						•								•	
1088 Fish build your own taco * Cheesy toasted quesadilla sandwiches 1092 with gooey melted cheese * ✓ ✓ • w • • • • • • • • • • • • • • • •					√					_										•	
Cheesy toasted quesadilla sandwiches 1092 with gooey melted cheese * ✓ ✓ • w • • • • • •					./							-								_	
1092 with gooey melted cheese * ✓ ✓ •w •	1000				•	₩				_		•								_	\vdash
with goody metred cheese " "	1092	al.	./		1	A 147													-		
ا ا ا ا ا ا ا ا ا ا ا ا ا ا ا ا ا ا ا	1093	with gooey melted cheese * with grilled chicken *	•		✓	•w						•								•	

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PLU	NIBBLES	VEGETARIAN?	VEGAN?	DEEP FRIED?	GLUTEN	CELERY	CRUSTACEANS	EGGS	FISH	NIANT	WITK	SJSNTTOW	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES	GARLIC	ONION
6121	Smoky Sonoran Hummus with toasted crickets *	✓	✓	<			•					•						•	•	•
1453	Guacamole	✓	✓																	•
5366	Guacamole with chilli flakes	✓	✓																•	•
5851	Homemade tortilla chips *	✓	✓	✓																
	Gluten-free tortilla chips	✓	✓	✓																
6103	Pico de gallo *	✓	✓	✓																•
5712	Salsa flight	✓	✓																•	•
PLU	STREET FOOD																			
	TACOS																			
	Pork pibil										•								•	•
4213	Plantain *	✓	✓	✓							•								•	•
6117	Grilled chicken & avocado																		•	•
5853	Plant-Based chicken & avocado *	✓	✓	✓	●w												•		•	•
6011	Beef gringa					•					•							•	•	•
6115	Halloumi taco	✓									•		•					•	•	•
5732	Ancho mushroom *	✓	✓	✓				•					•					•	•	•
	BAJA TACOS																			
94204	Buttermilk chicken *			✓	●w			•			•		•					•	•	•
	MSC battered fish *			✓	●W			•	•		•		•					•	•	•
	QUESADILLAS																			
95359	Grilled chicken club				●w			•			•								•	•
6047	Grilled chorizo				●W						•								•	•
	Black bean & three cheese	√	√		●W						•								•	•
5734	Allioli mushroom club	√	√		●W		S	•			•								•	•
	PLATITOS	VEGETARIAN?	VEGAN?	DEEP FRIED?	NЭLЛ19	CELERY	CRUSTACEANS	EGGS	HSIH	NIdNT	WITK	SOSNTTOW	MUSTARD	NUTS	PEANUTS	SESAME	виоѕ	SULPHITES	CARLIC	NOINO
948	Sweet potato & feta taquito *	✓		✓				•			•						•		•	•
5534	Crispy cauliflower bites *	✓		✓	●w			•			•		•						•	•
5670	Bean tostada *	✓	✓	✓							•								•	•
6118	Bloody Maria prawns *			✓	∙b	•	•		•				•						•	•
6119	Potato esquites *	✓		✓				•			•								•	•
	RAINBOW BOWLS																			
5680	With sweet potato & tenderstem *	√	✓	✓		•					•							•	•	
5681	With pork pibil					•					•								ا آ	
5682	With grilled chicken					•					•								•	
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PLU	BIGGER PLATES	VEGETARIAN?	VEGAN?	DEEP FRIED?	GLUTEN	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	SOSATTOW	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHITES	GARLIC	ONION
	BURRITOS																			
6109	Grilled chicken burrito *			✓	●w	•					•								•	•
6110	Pork pibil burrito *			✓	●w	•					•								•	•
6107	Slow cooked beef burrito *			✓	●w	•					•								•	•
	Mushroom burrito *	✓	✓	✓	●w	•					•								•	•
	SHARING PLATES																			
6104	Lamb Barbacoa					•					•						•		•	•
6105	Chimichurri Cauliflower	√	√											•		•			•	•
														a,c,p						
6106	Grilled Whole Achiote Seabass *			✓					•					a,c,p		•		•	•	•
PLU	SIDES																			
132	Sweet potato *	✓	✓	✓															•	•
	Sweet potato bravas *	✓	✓	✓				•											•	•
	Frijoles	✓	✓								•								•	•
5737	Avocado & cos salad *	✓	✓	✓									•	●a		•		•	•	•
6113	Grilled tenderstem broccoli	√	✓											●a		•			•	
PLU	DESSERTS	VEGETARIAN?	VEGAN?	DEEP FRIED?	GLUTEN	CELERY	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	SJSNTTOW	MUSTARD	SLIN	PEANUTS	SESAME	SOYA	SULPHITES	CARLIC	ONION
271	Churros y chocolate *	✓	✓	✓	●w						•						•			
276	Churros y cajeta caramel *	✓	✓	✓	●w						•									
1472	Chocolate brownie	✓			●w			•			•			● p			•			
6120	Tres leches tiramisu	✓			●W			•			•									
6016	Ice cream sundae	✓			•w			•			•			● p			•			
5339	lce cream salted caramel	✓						•			•						•			
5340	lce cream vanilla	✓						•			•									
5745	Ice cream Vegan chocolate	✓	✓																	